



April 2025

Our Paul's Place Hub updates!



Our February e-newsletter announced our big move from where we rent at Coalpit Health Cricket Club into our very own Paul's Place Hub at Shire Way. The work started in January and the refit is taking shape, as you can see from the photo above. It's very much a community effort made possible with legacy donations and successful grant applications. Since our last e-newsletter, we were left speechless by your support, as every room needs renovating and adapting for physically disabled people. Only with your help can we reach the finish line. To support the appeal, please visit:

Paul's Place Hub Appeal

Your donations, big or small, are a lifeline for physically disabled people to enjoy the opportunities we often take for granted.

David Lloyd Charity Focus Week for Paul's Place



They smashed it! David Lloyd Emersons Green and its club members took on a fundraising challenge to support us.

At the beginning of March each club department at David Lloyd took turns to raise as much money as possible over a week.

They raised a whopping £4K plus.

It all started with the David Lloyd club asking its members what local causes make a massive difference in their community, which they could impact. Paul's Place was a clear winner.

To read the full article, please visit:

<u>Paul's Place Charity Focus Week at David Lloyd</u>





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Your Donations making a massive difference to small charities like ours.



Our heart felt "thank you" to Slimming World for donating your goodies. There's plenty for our raffle prizes during 2025 to raise much needed funds. So watch this space!



And a huge "thank you" to Lions Club of Chipping Sodbury for donating a delicious one-kilo hand-poured Belgian chocolate Easter Egg. It will make an Easter to remember with our Easter raffle at Paul's Place.

Award Winning Sue



From left to right - Susan Weaver and Vice Chair Franklin Owusu-Antwi

This year marks fifteen years since Sue started volunteering with us. Our members love spending time with Sue and she encourages them to find the confidence to take part.

Sue also supports our evening programme and short breaks away. The difference she makes to so many lives is immeasurable. We simply couldn't do what we do without her.

Student Volunteers increase twofold at Paul's Place.



We recently welcomed thirteen
Occupational Health students from the
University of the West of England (UWE).
They chose us for their (widening
opportunities) volunteer day.

The university told us that our charity gave its students experience in how they can support people to adapt and thrive in their communities after treatment.

Student, Megan Rose Drew, loved spending her day with us. She ended the day asking if she could continue as our volunteer.

To read the full article, please visit:

<u>Student Volunteers Doubled at Paul's Place</u>

If you would like to explore your volunteering and work placement opportunities with us, please visit:

<u>Support us</u>

Paul's Place member, Dom, public speaking



Paul's Place Member, Dom, is a very lively member at Paul's Place, but he lost his confidence in speaking to new people during the Covid lockdown years.

Despite living with cerebral palsy, which affects his speech, Dom wanted to practise his public speaking.

We were invited to a lunch event at Ayven (formally known as ALD Automotive) on Tuesday 18 February. We were blown away by Dom's ability to talk to everyone. He revealed our exciting move to Paul's Place Hub. And he described his first-hand experiences at Paul's Place and what we achieve for physically disabled adults.

Our safeguarding manager has worked with Dom to arrange his speech and language therapy, which he is eagerly waiting to start. Dom loves communicating and he inspires everyone to live life to the full. Since Christmas, he was excited about speaking at the Ayven lunch event. We can't wait to see him speak at more events as his confidence grows.

There are many ways you can help us get to the Hub.

- Donate every pound will make a huge difference. No donation is too small to have an impact.
- Set up a fundraising event, or take part in sponsored activities, such as a 10k or Half Marathon.
- Businesses can support us by offering corporate sponsorships,
 matching employee donations, or hosting charity events. If you own a
 business or work for a company that can help us, please let us know.
- You can spread awareness through your social media, or engage your local networks to rally more support.
- Every contribution, whether financial or through advocacy, will play a crucial role in the success of our appeal.

Please follow us on Facebook, Instagram and LinkedIn for up to date news and pictures as we transform the former Shire Way Community Centre into Paul's Place Hub. A centre for physically disabled adults that brings the whole community together.

